INTERNATIONAL CONFERENCE ON
GLOBAL ANCIENT KNOWLEDGE SYSTEMS
2021

FEBRUARY 16-17, 2021

SRI SRI INSTITUTE FOR ADVANCED RESEARCH
VED VIGNAN MAHA VIDYA PEETH

THE ART OF LIVING
Welcome to the first International Conference on Global Ancient Knowledge Systems (IC-GAKS) on February 16th-17th, 2021.

The objective of this virtual conference is to create a confluence of experts from the varied field of GAKS who are applying ancient and traditional knowledge to solve the global modern challenges. The modern scientific worldview is considered the gold standard to solve problems of humanity. However, recent years have highlighted the role of GAKS in providing a holistic and broader worldview which complements the modern scientific method. GAKS are based on ancient wisdom and are being validated increasingly with modern science. Through our conference we highlight the role of GAKS and its symbiosis with modern science to solve global challenges.
Conference Features

*Plenary Sessions*

Plenary Sessions contain keynote addresses from renowned speakers who share their experience and insights on application of Global Ancient Knowledge Systems to address various aspects of the modern human experience: our health, our society and the world we live in.

*Panel Discussions*

Focused discussions on traditional and indigenous knowledge systems on topics of youth mental health and sustainable living bring together a wide range of speakers and a global perspective.
*Masterclasses*

Enrich your experience and learn new things through interactive masterclasses during the conference. These classes will cover a broad range of topics and speakers from diverse backgrounds.

*Abstract Presentations*

An opportunity for researchers to present their original work on Global Ancient Knowledge Systems under the themes of the conference. Selected abstracts will have an opportunity to present their work during the conference.
Eminent Speakers

Gurudev
Sri Sri Ravi Shankar
Founder,
The Art of Living

Smt. Bhanumathi Narasimhan
Chairperson, Women Empowerment and Child Care Programs
The Art of Living
Eminent Speakers

Dr. Vijay Chauthaivale  
In-Charge, Foreign Affairs Department,  
Bharatiya Janata Party, India

Dr. Naresh Trehan  
Chairman and Managing Director,  
Medanta, India

Dr. Selvamurthy W.  
President, Amity STI Foundation,  
India

Dr. Virendra Tewari  
Director, IIT Kharagpur,  
India

Dr. Puneet Sood  
Director, NIFT Kannur,  
India
Eminent Speakers

Dr. Shrinivasa Varakhedi
Vice Chancellor,
Kalidasa Sanskrit University,
India

Dr. Con Stough
Director, Swinburne Centre for Neuropsychology,
Australia

Dr. Mythily S
Director, Research Division,
Institute of Mental Health,
Singapore

Dr. Sat Bir Khalsa
Assistant Professor,
Harvard Medical School,
Harvard University,
USA

Dr. Alex Hankey
Sr. Vaidic Researcher and Theoretical Physicist,
India

Dr. Dara Ghahremani
Associate Research Professor,
Department of Psychiatry,
University of California, LA

Dr. Dharm Bhawuk
Professor of Management Studies,
University of Hawaii,
USA
Session Chairs

Dr. Robert Sloan
Faculty of Medicine
Kagoshima University,
Japan

Prof. Panos Vostanis
Professor, Child Mental Health,
University of Leicester,
UK

Dr. Ashish Pandey
Associate Professor,
IIT Mumbai,
India

Dr. V Jayasree
Scientist, National Institute for Advanced Studies, IISc
India

Ms. Rona Glynn McDonald
Founder and CEO,
Common Ground,
Australia

Ms. Trupti Doshi
Principal Architect,
The Auroma Group,
Puducherry
India

Dr. Nisha Pandey
Associate Professor,
IIT Mumbai,
India
## Agenda: Day 1

**16th February, 2021***

### Theme: Global Ancient Knowledge Systems for Our Health

<table>
<thead>
<tr>
<th>Session Name</th>
<th>Begin (IST)</th>
<th>End (IST)</th>
<th>Event</th>
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<tbody>
<tr>
<td>Ancient Solutions for Modern Health Challenges</td>
<td>10.00</td>
<td>11.45</td>
<td>Plenary Session</td>
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<tr>
<td><strong>Tea Break (11.30-11.40)</strong></td>
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<tr>
<td>Youth Mental Health: Ancient Solutions for the Next Generation</td>
<td>11.40</td>
<td>13.00</td>
<td>Panel Discussion</td>
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<tr>
<td><strong>Lunch Break (13.00-14.15)</strong></td>
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<tr>
<td>A Sumptuous Path to Health: A Masterclass on Ayurvedic Cooking</td>
<td>14.15</td>
<td>15.45</td>
<td>Interactive Masterclasses</td>
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<tr>
<td>First Nations Storytelling from Australia</td>
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<tr>
<td><strong>Break (15.45-16.00)</strong></td>
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<tr>
<td>Indigenous Knowledge for a Healthier Woman and Children</td>
<td>16.00</td>
<td>18.00</td>
<td>Abstract Presentation</td>
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<tr>
<td>Ancient Wisdom for Increasing Happiness and Quality of Sleep in a Modern World</td>
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<td>Role of Ancient Practices in Enhancing Gut Health</td>
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*Virtual Conference*
## Agenda: Day 2

**17th February, 2021**

**Theme:** Global Ancient Knowledge Systems for Our Society

<table>
<thead>
<tr>
<th>Session Name</th>
<th>Begin (IST)</th>
<th>End (IST)</th>
<th>Event</th>
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<tbody>
<tr>
<td>Reimagining the World We Live in : Ancient Solutions for the Modern Life</td>
<td>10.00</td>
<td>13:00</td>
<td>Plenary Session</td>
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<tr>
<td><strong>Lunch Break (13.00-14.15)</strong></td>
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<tr>
<td>Introduction to Permaculture</td>
<td>14.15</td>
<td>15.45</td>
<td>Interactive Masterclasses</td>
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<tr>
<td>Ancient Practices to Make Our Living Space Environmentally Friendly</td>
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<tr>
<td><strong>Break (15.45-16.00)</strong></td>
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<tr>
<td>Indian Knowledge Systems and their application in Modern Life</td>
<td>16.00</td>
<td>18.00</td>
<td>Abstract Presentation</td>
</tr>
<tr>
<td>Ancient Strategies for Environment Conservation</td>
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To Register or Submit an Abstract:
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www.research.artofliving.org

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